

INTENT

The 2014 National Curriculum for Physical education aims to ensure that all children access a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport, and other physically-demanding activities. We aim to provide opportunities for pupils to become physically confident in a way which supports their health and well-being. We endeavour to provide regular opportunities for the children to compete in sport and other activities that aid their character building, and help to embed values such as fairness and respect.

At Valewood, we encourage children to be physically active for sustained periods of time and maintain an independent, healthy lifestyle. Our PE curriculum is carefully planned so that all children, regardless of disabilities or educational needs, take part in two-hours of high-quality PE lessons each week and have access to a wide-variety of regular extra-curricular clubs. This is aimed to develop the children's confidence and competence to excel in a broad range of physical activities, which leads them into demonstrating their skills in competitive sports.

Throughout the programmes of study, the children will acquire and develop the key knowledge and understanding that has been identified within each area of the curriculum and across each year group, as well as the application of key PE vocabulary. We ensure that the basic skills about movement, performance and participation, that are learnt in the EYFS and KS1, are continually developed throughout KS2, which will then challenge them to use and develop them in different ways.

IMPLEMENTATION

1. PE will be taught in each class through two one-hour lessons each week. KS2 classes will also undertake swimming lessons for 12 weeks each year.
2. The Sports Grant is used to provide ways to improve our school sport every year, such as Forest School sessions are provided for all children and a specialist PE link teacher works with each class twice every year.
3. Planning involves teachers assessing each child's current attainment level at the beginning of each unit of work so that they can teach the next key skills of progression and tailor activities towards this.
4. Teachers will use precise questioning in lessons to test conceptual knowledge and skills to assess children regularly and identify those children with gaps in learning, so that all children keep up. This will also be used to challenge children to further their skills and performance.
5. We build upon the learning and skill development of the previous years. As the children's knowledge, understanding and vocabulary increases, and they become more confident in choosing the required skills for an activity or game, they will become increasingly more confident in applying ideas and tactics to improve their performance.
6. Leading an active healthy lifestyle is embedded into each lesson to ensure that the children understand why physical activity is important and how maintaining a positive attitude is essential for their well-being at school and beyond.
7. All children are offered a wide range of carefully planned extra-curricular activities and those children with the appropriate skills are provided with opportunities to represent the school in inter-school sport competitions.

IMPACT

Our approach towards our school sport provides our children with a fun, engaging and high-quality physical education curriculum and continued success in local inter-school competitions. This enables our children to become competent, healthy learners who are positive about their own and others' well-being. The children are recognised with achievements and match reports/results are published regularly to the school community.

Our school prides itself on valuing the children's personal strengths. We not only consistently improve the children's physical education knowledge and skills, but provide opportunities outside of school for the children to succeed. Valewood is a recognised 'Gold' school for the School Games kitemark and we continue to excel in this award each year. All children in our school have their pupil voice recognised and our Sport's Leadership Team meet termly to discuss ways to continually improve our school sport. To ensure knowledge is revised and transferred to the long-term memory, teachers continually build on previous learning and use key questions to secure essential subject knowledge. We have a reputation of being an ambassador for school sport in the local community, which continues to build on our Valewood sporting legacy.