



Valewood Primary School

Child Friendly Safeguarding Policy



You have the right to be safe, to be free from harm and you have the right to be listened to. We have a safeguarding policy for staff, parents and governors but this version is for you.

It will help you decide if there is a problem and tell you where to get help and support if you need it.

At Valewood Primary School:

- Your health, safety and happiness are very important.
- We respect you and want to keep you safe.
- Not only do we want you to make good progress in all of your learning, we want to teach you to recognise risks in different situations and know how to protect yourself and stay safe.
- You can talk to your teacher, or any adult in the school if you are feeling worried about anything.
- Don't forget that Ms Tantouri, Mrs Parr, Mrs O'Hara and Mrs Mitchell know lots about how to keep children safe and they are always there to listen to any concerns or worries that you have.

Do not keep it a secret, let someone know!



People who come into our school

- All staff and visitors to our school have to sign in at the office.
- Staff wear a blue lanyard, Governors wear a green lanyard and Visitors wear a red lanyard.
- If you see someone who isn't wearing a lanyard then you must tell a member of staff straight away.

Things that might worry you

Has someone:

- ❖ Said something to you or have you heard something that has upset you?
- ❖ Made you feel uncomfortable about how or where they have touched you?
- ❖ Hit, punched, smacked, touched or hurt you in any way?
- ❖ Sent you an unkind message or picture that has upset you?
- ❖ Has anyone from the internet asked you to do anything that has made you feel uncomfortable?
- ❖ Have you seen anything on your phone, computer or tablet that has upset or worried you?



What you should do

- ✓ You must tell someone you trust in your family or at school so that they can help you.
- ✓ Don't forget that you can call Childline about anything that worries you – 0800 1111.
- ✓ Don't keep your worries a secret, even if a grown up tells you to.
- ✓ Use the anti-bullying boxes if you feel like you are being bullied or have spotted any bullying.



We are here for you

Never be worried that the staff at Valewood School will think your worry is silly.

Duty Bearers will regularly check the anti-bullying boxes and will take any bullying very seriously.

No worry is ever too small and you can talk to us about anything that is upsetting you.

We are your Duty Bearers and we will do our very best to keep you safe and well.



Glossary – what words mean

Worried – Feeling 'worried' can describe lots of different feelings, from being tired, upset or a bit shaky, to feeling frustrated or a bit sick. You might be worried about something in particular, or you might not know why you feel worried, which is normal and okay too. Let someone know if you are worried.

Secret – A secret is something which is meant to be kept quiet. There are good secrets, like birthday surprises, but if another person tells you to keep something a secret and it makes you feel bad, then it is an unsafe secret and must be shared with a grown up that you can trust. It is always okay for you to break a secret or a promise when it involves unsafe touch.

Lanyard – A cord worn around the neck which holds a badge with a picture of the person and their name.

Governors – The Governors are grownups who come into our school to work with Ms Tantouri to help our school 'be the best that it can be'. When they come into school they wear a green lanyard. Sometimes they visit the classrooms and talk to children to find out what they think about school and learning.

Bullying - The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. Bullying can be physical, verbal or psychological. It can happen face-to-face or online.

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